**RULE 56-**

**CALCULATING ASSIGNMENTS AND LUNCH PERIODS**

**(a)** Crew Starts as a Unit: The time for fixing the beginning of assignments or lunch periods is to be calculated from the time

fixed for the crew to begin work as a unit, without regard to preparatory or indi­vidual duties.

**(b)** Lunch Period: Yard crews will be allowed 20 minutes for lunch between four and one‑half and six hours from time of starting work, without deduction in pay. Lunch period must be given and completed within the specified one and one‑half hour period. If no lunch period has been permitted up to 5 hours 40 minutes from starting time, yard crews are then entitled to stop work for 20 minutes at that time for such purpose.

**(c)** Second Lunch Period: For the second lunch period yard crews will not be required to work longer than 6 hours without being allowed 20 minutes for lunch with no deduction in pay or time therefor.

**(d)** Yardmen, regularly assigned or extra, when required to double through from one shift to another will be allowed a reasonable time to eat but not to exceed 45 minutes calculated from time of actual release from duty on the first shift before starting work on second shift