RULE 28. EATING ENROUTE. (a) Conductors and brakemen in freight service will be allowed time for meal between terminals when they have been on duty five hours and it is apparent the trip cannot be completed within eight hours, provided they notify the dispatcher sufficiently in advance if possible to avoid delay to other trains.

(b) In order to expedite the movement of interdivisional runs, crews on runs of 100 miles or less will not stop to eat except in cases of emergency or unusual delays. For crews on runs of more than 100 miles, the carrier shall determine the conditions under which such crews may stop to eat. When crews on runs of more than 100 miles are not permitted to stop to eat, members of such crews shall be paid an allowance of \$1.50 for the trip.

Note: See Appendix "A" - Item 28.

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